ECOLE INTERNATIONALE
DE NEW YORK

MENU

MARCH| MARS 2017

LUNDI | MONDAY	MARDI | TUESDAY	MERCREDI | WEDNESDAY	JEUDI | THURSDAY	VENDREDI | FRIDAY
		1	2	3
		Organic Turkey meatball with tomatoes sauce Rice pilaf Organic baby green salad Organic Fruits	Macédoine Mayo Cheese & Organic egg Organic Green salad Chocolate chip cookie	Organic Chicken burritos Organic potatoes Chips Organic mix salad Organic fruits salad
6	7	8	9	10
Couscous with Organic Chickpeas and Vegetables Organic Eggplant Parmesan Organic Salad Organic Fruits	Grilled Grass-fed Steak Organic Thai rice Organic black beans Organic Yogurt	Pasta Gratin Roasted organic mix Vegetables Organic Chefs salad Organic Fruits	Organic Chicken Tandoori Rice pilaf Organic Cucumber Yogurt Salad Pita Bread Brownies	NO SCHOOL
13	14	15	16	17
Hachis Parmentier Organic carrot vichy Market Salad Organic Fruits	Organic Vegetable Quiche Roasted Organic Broccoli Organic carrot Organic Yogurt	Spaghetti Bolognese Haricot vert with butter Organic Baby Green Salad Organic Fruits	Tabbouleh Ratatouille Grilled Pita Bread Cupcake	Roasted Organic Chicken Orecchiette Pasta Butter Organic Cut Vegetables Organic Fruits salad
20	21	22	23	24
Organic creamy Garlic Spaghetti Organic Carrot râpées Organic salad Organic Fruits	Grilled Grass-fed Steak Organic Mashed Potatoes Organic Haricot Vert Organic Yogurt	Thai fried Rice Organic Vegetables Soup Steamed Organic Broccoli Organic Fruits	Macédoine Mayo Cheese & Organic egg Roasted Organic sweet potatoes Brownies	Shrimp with Garlic butter Rice pilaf Sauteed Organic Spinach Organic fruits salad
27	28	29	30	31
Rigatoni with Organic Tomato Sauce Organic Lentil Soup Chopped Organic Salad Organic Fruits	Organic Crispiest Chicken with Orange Sauce Organic Basil Mashed Potato Organic Market Salad Organic Yogurt	Macaroni and Cheese Roasted Organic Cauliflower Organic Cut Vegetables Organic Fruits	Boeuf Bourguignon Rice pilaf Organic Baby Green Salad Organic Fruits Chocolate chip cookie	Penne Pasta with Organic Di Pomodoro Organic Zucchini and Celery Organic Chef Salad Organic fruits salad