



LUNDI MONDAY		MARDI TUESDAY		MERCREDI WEDNESDAY		JEUDI THURSDAY		VENDREDI FRIDAY	
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								<i>Spaghetti Bolognese</i> <i>Haricots verts with butter</i> <i>Organic Baby Green Salad</i> <i>Organic Fruits</i>	
4		5		6		7		8	
<i>Grilled chicken</i> <i>Brown rice</i> <i>Roasted seasonal vegetables</i> <i>Vegetable soup</i> <i>Dessert</i>		<i>Grilled Grass-fed Steak</i> <i>Gratin Dauphinois</i> <i>Cherry tomatoes and carrot sticks</i> <i>Green salad</i> <i>Organic Yogurt</i>		<i>Cheese & chicken quesadilla</i> <i>Steamed Organic Broccoli</i> <i>Organic carottes rapées</i> <i>Organic Fruits</i>		<i>Crispy Chicken</i> <i>Quinoa</i> <i>Red pepper and cucumber sticks</i> <i>Green salad</i> <i>Dessert</i>		<i>Boeuf Bourguignon with carrots</i> <i>Mashed potatoes</i> <i>Organic Chef's Salad</i> <i>Fruit</i>	
11		12		13		14		15	
<i>Organic turkey patties</i> <i>Roasted sweet potatoes</i> <i>Green salad</i> <i>Cherry tomatoes and carrot sticks</i> <i>Dessert</i>		<i>Grilled salmon</i> <i>Organic Jasmine rice</i> <i>Seasonal vegetable soup</i> <i>Organic green salad</i> <i>Organic Yogurt</i>		<i>Spaghetti Bolognese</i> <i>Red pepper and cucumber sticks</i> <i>Organic green salad</i> <i>Fruits</i>		<i>Organic chicken teriyaki</i> <i>Organic brown rice</i> <i>Organic broccoli & carrot</i> <i>Dessert</i>		<i>Pizza</i> <i>Organic Baby Green Salad</i> <i>Cucumber and cherry tomatoes</i> <i>Fruits</i>	
18		19		20		21		22	
<i>Olive oil penne pasta</i> <i>Carottes râpées</i> <i>Vache-qui-Rit cheese</i> <i>Seasonal vegetable soup</i> <i>Yogurt</i>		<i>Grilled Grass-fed Steak</i> <i>Organic Jasmine rice</i> <i>Organic black beans</i> <i>Cherry tomatoes & carrot sticks & green salad</i> <i>Special Holiday Dessert</i>		<i>No School</i>		<i>No School</i>		<i>No School</i>	